



Commission on Correctional Peace Officer Standards and Training

BET
11056250

Electronic Smoking Device ON-THE-JOB TRAINING

Policy:

California Department of Corrections and Rehabilitation released a [memorandum](#) on the use/possession of electronic smoking devices (ESD), that electronic cigarettes, cigars, or pipes are strictly prohibited.

- California Code of Regulations (CCR) Title 15, §3188(C)
- The Department Operations Manual (DOM) §31110.1
- Division of Juvenile Justice (DJJ) Contraband Policy

Facts:

- Most ESDs contain nicotine which comes in a wide variety of designs, flavors and nicotine levels. Supporters claim that ESDs release "nothing but water vapor." However, water is not an ingredient.
- Most testing of some e-cigarette products found the aerosol to contain carcinogens and toxic chemicals such as formaldehyde and acetaldehyde.



Various electronic smoking devices

- The U.S. Food and Drug Administration (FDA) discovered in a laboratory analysis of electronic cigarette there was diethylene glycol, an ingredient used in anti-freeze. ESD's are not regulated by the FDA.

- Other exposure is through the eye and the skin.
- Large doses of nicotine have a potential for poisoning with symptoms beginning with nausea and vomiting in cases of acute toxicity, progressing to seizures and respiratory depression in cases of severe nicotine poisoning.
- Withdrawal symptoms occur when you stop using ESDs, including feeling irritable, depressed, restless and anxious.

Resources:

- National Institute on Drug Abuse
- No-Smoke.org
- U.S. Food and Drug Administration